



## Harvest Shopping List

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(In date please)

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- \* Meat (*Tinned*)
- \* Soup (*Tinned/Cupa*)
- \* Vegetables (*Tinned*)
- \* Cooking Sauce (*Jars*)
- \* Rice/Noodles (*dried*)
- \* Fruit/Puddings (*Tinned*)
- \* Custard (*Tinned/Pckt*)
- \* Jam/Marmalade
- \* Milk/Fruit Juice (*UHT*)
- \* Toiletries (*Adult & Baby*)
- \* Nappies (size 3-6)

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*Thank you so much -God bless you!*  
[www.thewellwolverhampton.co.uk](http://www.thewellwolverhampton.co.uk)

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Wolverhampton Foodbank Ltd. (trading as The Well) No: 7962969. Reg. in England & Wales  
Charity No: 1149434

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